

Subject Details	Subject Title, code and credit hours	PSYCH 101, Introduction to Psychology, 6 ECTS	
	Department	Psychology	
	Program (bachelor's and master's degree)	Bachelor's degree	
	Associated Term	2025 Fall	
	Instructor	Aytaj Nuruzada	
	E-mail:	<a href="mailto:aytaj.nuruzada@gmail.com">aytaj.nuruzada@gmail.com</a> <a href="mailto:aytaj.nuruzada@khazar.org">aytaj.nuruzada@khazar.org</a>	
	Phone	+994(10)2120864	
	Lecture room/Schedule	-	
	Consultations	By appointment – at the university or online (around 10-15 minutes).	
Teaching language	English		
Subject type (mandatory/elective)	Mandatory		
Readings	Gazzaniga, M., & Grison, S. (2019). <i>Psychology in Your Life</i> . 3 <sup>rd</sup> edition Kalat, J. W. (2020). <i>Introduction to Psychology (with APA Card)</i> . Cengage Learning. Reeve, J. (2018, January 18). <i>Understanding Motivation and Emotion</i> . John Wiley & Sons. Goldstein, E.B. & Cacciamani, L. (2022). <i>Sensation and Perception</i> . 11th edition. Robert A. Baron, Nyla R. Branscombe (2022). <i>Social psychology</i> . 15th edition.		
Teaching methods	Lecture	Core content delivery	
	Group discussions	Engaging in critical discussions to deepen understanding	
	Practical Activities	Hands-on activities to apply theoretical knowledge	
	Reflection tasks	Deepening the understanding of students' mental world	
Assessment and Grading	Components	Deadlines	Percentage (%)
	Midterm exam	8 <sup>th</sup> week	30
	Being active member of learning community	During the semester	5
	Attendance	During the semester	5
	Quiz	November	5
	Essay	November	5
	Group Presentation	December	10
	Final exam	January	40
Course description	This class serves as a wide-ranging introduction to the field of Psychology. Psychology is broadly the scientific study and understanding of behavior and cognition, but takes many forms across many sub-disciplines. Some of the primary objectives of this class are to provide students with an understanding of and insight into the history and details of these various areas in psychology, as well as an overview of how psychological research operates and what research in these areas has revealed about the human experience.		
Course aims	Provide students with a broad overview and general understanding of the major theoretical perspectives within the field of Psychology Help students understand the complex world of human feelings, thoughts, and behavior through different aspects. Help students apply theories and research on learning, memory, perception, and language in various contexts.		

Learning Outcomes	Develop an overview of the field of psychology by studying and reflecting on the topics. Understand how psychologists take a scientific approach to human behavior and thought. Identify major psychological theories and use psychological terminology correctly. Explain the real-world phenomena by applying the concepts, theories, and methods learned in the course	
Marking Criteria	Being active member of learning community - Contributing to class discussions, sharing insights, and integrating comments during lecture time. Actively participating in group work and discussions. Engage and perform in role plays. Compete in online quizzes.  Individual Presentation – Working on a creative project chosen by the students and presenting the project in class. The project and presentation should be more than a summary of the literature. Projects can be demonstrations, engaging activities in class, experiments in class, or research. More details on the marking criteria of the presentation will be shared before the presentation date.  Essay – Students should write a short essay on the topic they have chosen. Essay should have a logical structure, clear and concise writing, proper referencing (APA style), and originality.	
Rules (educational policy and behavior)	<i>Attendance.</i> It is important for students to attend all classes. If a student is unable to attend classes for a valid reason (illness, family status, etc.), they must report the matter to the faculty dean. It is expected that students attend the class prepared and actively participate in class discussions. <i>Laptops, Cell Phones, and Other Devices.</i> Please make sure that your cell phone and other devices are set to silent or vibration during the class period. Activities using cell phones and other devices, such as text messaging, taking pictures, and using social media, are not permitted in the classroom. Active use of electronic devices during discussions creates a distraction for me and others. <i>Respect and Courtesy.</i> Unethical discussion and behavior of students in the classroom is strictly prohibited. This class may cover some controversial issues for educational purposes, and you may encounter different values and views expressed by other students or the instructor. Please remember to have respect and courtesy toward each other and appreciate the diversity in class. Any disrespectful comments or behaviors are not permitted in this class. <i>Academic Ethics.</i> Cheating or any other academic dishonesty, including plagiarism, will result in a serious consequence, including, but not limited to, getting zero (0) points on the given quiz, exam, or paper. The results of students who engage in academic dishonesty will be canceled. <i>Use of AI:</i> AI tools (e.g., ChatGPT) are permitted in this course for brainstorming and checking grammar and style. Your use of AI tools must be properly documented. AI tools are <b><i>not</i></b> permitted in this course for completing the assignments, writing entire sentences and paragraphs, and competing in online quizzes. Any assignment that is found to have used generative AI tools in unauthorized ways will result in zero (0) points on the given assignment.	
Schedule		
Week	Topics	References
1.	Introduction to Psychology. History of Psychology. Fields of Psychology. Psychology in Everyday Life.	Gazzaniga, M., & Grison, S., Ch-1, pgs 2-40
2.	Scientific Methods in Psychology. Approaches to Research. Ethics in Research.	Kalat, J., Ch-2, pgs 27-33, pgs 34-49

3.	The Role of Biology in Psychology. Human Genetics. The Brain and Spinal Cord. The Endocrine System.	Gazzaniga, M., & Grison, S., Ch-2, pgs 46-85
4.	Consciousness. Sleep, Sleep Problems and Disorders. Substance Use and Abuse.	Gazzaniga, M., & Grison, S., Ch-3, pgs 92-128
5.	Sensation and Perception. Vision. Hearing. Chemical Senses. Principles of Perception.	Gazzaniga, M., & Grison, S., Ch-5, pgs 178-213 Goldstein, E.B. & Cacciamani, L., Ch-9, pgs 198-210
6.	Learning. Classical Conditioning. Operant Conditioning. Social Learning.	Gazzaniga, M., & Grison, S., Ch-6, pgs 220-255
7.	Memory. Brain and Memory. Problems with Memory.	Gazzaniga, M., & Grison, S., Ch-7, pgs 258-290
8.	Midterm exam	
9.	Thinking and Intelligence. Schemas and Concepts. Biased Reasoning. Intelligence Theories.	Gazzaniga, M., & Grison, S., Ch-8, pgs 302-335
10.	Emotion and Motivation. Individual Emotions. Different Types of Needs. Motivation Theories.	Gazzaniga, M., & Grison, S., Ch-12, pgs 342-380; Reeve, J., Ch-1, pgs 339-362
11.	Development Accross the Life Span. Lifespan Theories. Stages of Development.	Gazzaniga, M., & Grison, S., Ch-4, pgs 134-170
12.	Personality. Humanistic Approaches. Biological Approaches. Trait Theories.	Gazzaniga, M., & Grison, S., Ch-13, pgs 502-538
13.	Social Psychology. Attitudes. Conformity, Compliance, and Obedience. Aggression.	Gazzaniga, M., & Grison, S., Ch-12, pgs 464-496
14.	Psychological Disorders. Diagnosing and Classifying Psychological Disorders. Anxiety Disorders. Mood and Related Disorders.	Gazzaniga, M., & Grison, S., Ch-14, pgs 546-590
15.	Presentations	
<b>Final exam</b>		